



Lions Club of Kathmandu Concern

Kathmandu, Nepal



Report of Food Support Program

COVID Response



**Prepared by
Reema Shrestha, President
31 July 2020**

Background

The COVID-19 pandemic has stopped every single human activity all over the world including Nepal. Now millions of people are affected and are confined to their homes to prevent from the possible outbreak of it. All academic institutions (schools and universities) are closed in Nepal with the government decision of lockdown across the country.

The total number of districts with COVID-19 positive cases has increased to 71 out of 77 with 14 deaths. According to the Ministry of Health, age group of 90 per cent COVID-19 cases ranged from 11 to 50.

On 30 May, the Government of Nepal (GoN) announced an extension to the nationwide lockdown until 14 June 2020. The country lock-down started on 24 March 2020. The flights are suspended until 30 July, 2020.

Due to the extension of the lockdown most of the Nepalese citizens lost their regular economic activities in rural as well as urban areas that increased food crisis among them. Government is trying to distribute relief packages of food to the needy families, but they are not able to address all the needs and reach out to all needy families.

We have come across in Banke district that many of the families are not able to receive relief packages and they are starving. Considering the situation of extension of lock down and unavailability of job amongst family members, Lion Club of Kathmandu Concern decided to help with basic food packages to support needy families. Club coordinated with an NGO (Room to Read Nepal) to identify needy family and to coordinate with local government to take permission for distribution.

We provided food packages to 74 families in Banke and Bardiya districts. Criteria of selecting families were:

1. Low economic condition with multiple challenges.
2. Both the parents were stuck in other districts and India due to lockdown and no one to take care of children.
3. Single parents (mothers only), with many kids.
4. Could not receive support from government.
5. Job loss and no income source

Food Package Detail:

- Food package Includes:
 - o 25 Kg Rice
 - o Lentils 3 Kg
 - o Oil 2 Liter
 - o Soap 6 pieces
 - o Salt 2 kg
 - o Beaten Rice 4kg
 - o Sugar 3kg
- **Distribution date:** 23 July 2020

- Food Package distributed to all 39 girls from 10 schools of 5 Palikas received in the presence of Mayor, Deputy Mayor, Head Teachers, Ward Chairpersons, Ward Members, School Family.

Expenses Details:

- Amount Received in Bank: **NRS 151,000**
- Amount Expended: **NRS 104,844**
- Amount Remaining: **NRS 46,156**

Expenses Detail

SN	Particular	Rate	Quantity	No of GEPPs	TOTAL
1.	Rice packets (25 KG per)	1180	1 Sack	39	46,020
2.	Dal (Lentil)	114	3 Kgs.	39	13,338
3.	Salt (Kg)	20	2 Kgs.	39	1,560
4.	Oil (Liter)	146	2 ltrs.	39	11,388
5.	Soap-brand	25	6 pieces	39	5,850
6.	Beaten Rice (Chiura)	60	4 Kgs.	39	9,360
7.	Sugar	84	3 Kgs.	39	9,828
8.	Transport/ Distribution	7500	1 time	1	7,500
Grand Total					1,04,844

Note: **NRS 46,156** is remaining which we will be using for distributing food package to Family in Sindhupalchowk district which is affected by flood too.

Some Glimpse of Food Distribution in Tanahu











Some glimpse of Situation of girls whom we provided Food Package:

Before lockdown her father used to work but after lockdown her father spent most of the time drinking alcohol and always torturing the family members, stays ideally doing no work.
Her mother is deceased. So, she stays with her uncle and aunt. Now due to lockdown as her uncle is jobless, she is burden for them.
Her father is deceased. Her mother is daily wage earner but due to lockdown she is jobless due to which they are facing food crisis.
As her parents are old and have low economic status, she used to stay in her married sister's home to go to school. But now after lockdown she went to her parents' home in village. Her elder brother was working in India but now he is also in home jobless.
Her mother is deceased. No support from her father as she is ignored by him. She stays with her grandparents. Grandfather is alcoholic and grandmother is old. Her elder brother used to work as daily wage labor earner but due to lockdown he is also jobless. So, no source of income
Her mother did second marriage and went away. Her father also did second marriage and left her alone. She is staying with her elder brother and Grandmother who are in extreme financial crisis
Before lockdown her father used to work as Goldsmith in Rukkum but due to lockdown he is trapped here and unable to return to his job. They do not even have land to cultivate due to which facing financial/food crisis.
She stays with her father, stepmom and 3 siblings. Her father is daily wage earner who is jobless these days.
Her father is deceased, and mother used to work as daily wage earner before lockdown but now she is also jobless.
Her mother is suffering from paralysis, father is jobless due to lockdown and facing trouble to manage food.
Her father is physically challenged, and mom is jobless due to lockdown due to which facing problem of food/financial crisis
Her father is suffering from paralysis and her mother used to work as wage laborer but due to lockdown she is jobless.
Her father is deceased, and her mother is mentally challenged. She even does not have mobile phone to communicate.
They both are sisters. They do not have mother. Their father is alcoholic and now he is sick due to which he is jobless.
Her younger brother was seriously sick and faced with major surgery just before the lock down. Her family spend all the money for his treatment, and they are suffering from financial crisis.
Her father in imprisoned. Her mother was working as a support staff in private school but now due to lockdown, she has lost her job and facing problem to manage food.
Her both father and mother are daily wage earner but now they are jobless due to which they are facing trouble to manage food for themselves.
After demise of her father, her elder brother went to Kathmandu for job but after lockdown, no job, no earning and they are struggling of food crisis.
Her mother went to Saudia Arabia for foreign employment 1 year ago. Since 1 year she is sick in abroad. She is neither in the situation to return to Nepal nor to send money. Her father used to sell peanuts in the street but due to lockdown in the town, he is not able to continue his business. So, they are finding difficulty to manage daily household expenses.

THANK YOU Yvonne and **Nepal Tara**

FOR YOUR KIND GESTURE AND SUPPORT, YOUR SUPPORT HAS PROVIDED SMILE IN FACE OF 39 FAMILIES.

THE SUPPORT WE HAVE PROVIDED WILL AT LEAST HELP THESE FAMILIES TO EAT FOR A MONTH.

THE CLUB WILL KEEP SUPPORTING FOOD FOR THE NEEDY FAMILIES TILL COVID SITUATION GETS BETTER.

THANK YOU ONCE AGAIN!!