

Educating Children through Women Empowerment

1. Background

Nepal is known for its natural beauty, rich fauna and flora but also its ancestral heritage and diversity of its people, with 32% of the population belonging to indigenous (Janjaties) nationalities and 13% of so-called untouchable caste (Dalit people) according to the most recent census. But this richness hides a more somber reality of poverty and discrimination, with Nepal still on the way to graduate from the status of Least Developed Country and generally acknowledged issues of low representation and limited empowerment affecting many of the people from Dalit (untouchable people) and Indigenous groups. Of particular concern are Dalit and indigenous women, who represent about 22.5% of the population and who, while playing a key role in providing for their families and communities, suffer a double discrimination of being marginalized as indigenous and disempowered as women in a highly traditional patriarchal society. According to a report (2017) about the Nepal's first national multidimensional poverty index (MPI) unveiled by the National Planning Commission (NPC) some 28.5 percent of Nepal's population is still living under the poverty line.

The importance of economic development for Dalit and indigenous women, through actions on social inclusion aimed at improving their social, cultural, civil and political engagement for economic independence and to foster more sustainable communities. This would not only improve their status as Dalit and indigenous women, but also contribute to their better integration into national economies.

2. Need for an intervention

Untouchable (Dalit) and Janjaties (Indigenous) women of hilly area of Nepal are double discriminated. Due to caste based discrimination, fatalistic rules and laws of state and socio- economic marginalization, they could never get out of the vicious circle of poverty. Lower self-perceived status (due to lack of respectful treatment or cooperation with other groups), restricted access to public places, no representation in decision making process and access in local level resources, lack of local political influence, they are living in very miserable condition. The ratio of primary education dropout of their children is very high. In such a vicious situation education for children is out of their priority although they dream to educate their children and they want their children's better life than they are living. The children of these communities are very vulnerable and there is unrest need of an intervention to escape them from this vicious circle of vulnerability.

The project will focus on educating children through economic empowering of their mothers and other females of target area from two rural hilly villages of Khudepani and Kotthar in Nepal. The project area is selected on the basis of remoteness, lacking of the rural infrastructure, and scarcity of the other economic activities to earn livelihood. Although there is a primary school and sub-health post, but many Dalits, Janajati and kids from poor family are unable to attend the school due to lack money to support books, stationary, school uniforms and food and basic health services facilities.

The project will organize the women from Dalit (untouchable), indigenous (Janajati) and poor community in women's group and they will be empowered through the community activities, trainings, mentoring and

supporting their children's education and sensitize to uphold and claim their basic rights of political and social participation in decision-making at the local level. These activities will be back up with economic empowerment activities such as goat raising, chicken farming, seasonal/off seasonal vegetable cultivation, organic farming, plantation of fruit trees (orange, banana, guava etc) and other cash crops such as herbal plants, spices, turmeric, ginger, garlic and oil plants mustard.

The project will be implemented as a model project by which the kids of doubly marginalized women will be educated and their future will be out of poverty. This project will be model and can be replicated other rural villages. The project will also provide opportunity to the university students and development professional to learn the intervention model and to contribute as a volunteer.

3. Objective of the Project:

Overall Objective: The overall objective of the project is to empower rural dalit (untouchable) and janajati (indigenous) women and support their children's education. At the successful end of the project, the women from untouchable community, indigenous and poor family of about 200 households from two hilly undeveloped villages will be benefitted. Their economic status will be enhanced; they will better claim their rights and role in local level decision making and management. The both primary and secondary school drop out of target communities' children will be decreased substantially. They will be out of poverty in the end of the project. The project also aims to stop the migration of village people to city area by increasing the economic opportunities within the village.

4. Estimated Results:

The outcomes of the project are as follows:

1. The project will directly support the 200 household of project area for their children's education for long term and these people will be economically, socially empowered and they will able to claim rights and role in local level policy making, policy process and decision-making.
2. The women of targeted villages will start to produce and marketing of their products of goat raising, chicken farming, seasonal /off seasonal vegetable cultivation, organic farming, plantation of fruit trees (orange, banana, guava etc) and other cash crops such as herbal plants, spices, turmeric, ginger, garlic and oil plants mustard.
3. The children's education financing problem will be solved for long term in sustainable way. The participants will increase their savings.
4. Increased school enrolment ratio of the children from the target villages and the school dropout ratio will be stopped.
5. The 200 women of two villages will be economically and socially empowered and they will be able to claim their fair share in political, economic and social activities in rural society.

6. The project can be used as model for replication in other rural areas.

5. Activities and process:

1. **The baseline household survey and information collection:** The project will carry out baseline survey of two villages. The baseline survey will collect information about household population, poverty, socioeconomic condition, sex ratio, etc
2. **Consultation meeting with villagers:** Consultation meeting will be organized with wider participation of local villagers selected for the project and discuss about the selection of target households. The target household will be identified in the recommendation of the consultation meeting with the villagers.
3. **Selection and formation of women's group:** After primary information collection and the consultation meeting with the villagers of the project area, 25 household of the poorest of the poor will be selected for goat raising and will be provided two adult goats to each household and rest of beneficiaries will be involved in agricultural and chicken farming activities from the 200 household. Women's groups will be formed comprising 25 women in each group. The maximum of 8 groups will be selected to implement the project activities related with goat raising, chicken farming, seasonal /off seasonal vegetable cultivation, organic farming, plantation of fruit trees (orange, banana, guava etc.) and other cash crops such as herbal plants, spices, turmeric, ginger, garlic and oil plants mustard.
4. **Delivery of technical training to women's group and villagers:** The project will outsource external experts for the technical trainings required for the goat farming /chicken farming and agricultural activities.
5. **Management of fund for Goat:** The project will provide as seed money of goat fund to selected Women's Groups. The women will save regularly and this regular saving of women groups will gradually increase the volume of the seed money for goat fund. The seed money of goat fund will be used by the women and will be again shifted to other succeeding women's group.
6. **Goat fund mobilization strategy:** In 3 years, the Women Groups will return the seed money to the project as an instalment basis without any interest in principle amount which will be further mobilized in other needy village or any new project.
7. **Insurance and Vaccination of Goat:** The project will ensure that 50 goats provided by the project will be full coverage insurance to minimize the risk factor of the investment. The insurance premium cost shall be covered by the villagers/beneficiaries. Apart from that regular health check-up of the goats and vaccination will be provided by the project for optimal production of meat from the goats.

The project will also provide male goat for good fertilization so that their production will be increased in coming days.

8. **Exposure visit of potential women entrepreneurs for social innovative exchange:** The project will bring the women group for exposure visit to provide them an opportunity for social innovation exchange for further motivation. They will exchange their experience with successful women entrepreneur of national and local that will motivate and encourage them to boom their business. The selection criteria of women group for exposure visit are the best women group among the all participant groups.
9. **Training on constitutionally guaranteed rights of children, women, dalit and janajati's:** Similarly, the project will also support to women and children of dalit (untouchable) and janajati (indigenous) to raise their awareness on child rights, women's rights, and dalits and janajati's right provisioned in the constitution of Nepal.
10. **Education materials and extra activities tools support:** Children of the local primary school of the target area will be provided educational materials such as stationary, bags and etc. Materials and tools such as football, game toys and etc. for extra activities will also be provided to the children. The project will also support to improve the quality of class room of play group.

6. Time Frame:

The total duration of the project is for 2 years and the whole project period is divided into 8 quarters.

SN	Activities	1 st Q	2 nd Q	3 rd Q	4 th Q	5 th Q	6 th Q	7 th Q	8 th Q
1	Consultation meeting with villagers								
2	Formation of Women's Groups								
3	Delivery of technical training s by external expert								
4	Management of Goat fund								
5	Exposure visit of potential women entrepreneurs for social innovative exchange								
6	Training on women & child rights, dalits & janajati rights, child learning and child psychology								
7	Education materials and extra activities tools support:								

Brief of budget disbursement of the project:

The budget of the project will be required in three installments as follows:

- 1st Installment** : **NPR. 50000** will be invested for project start-up phase, base line-survey, consultation meeting with villagers, sharing of project to the community, formation of women's group, cost necessary for the period of **January to March, 2019**
- 2nd installment** : **NPR.800000** will be invested for program of goat distribution, agricultural activities, technical trainings and project management cost necessary for the period of **April to December, 2019.**
- 3rd installment** : **NPR. 150000** will be invested in the beginning of **second year** in 2020 for regular activities of the project, monitoring & evaluation and follow up support of the project.

7. Sustainability of the Project:

The project activities will support remote hilly Dalit (untouchable) and indigenous poor women through income generating activating. During the project period target women and their family will be supported to establish agro business for their better livelihood and better education of their children. Member of Women Groups 'will be linked with local market which will definitely sustain the project results and they will be able to forge the sustainable livelihood by claiming their role at local level resources and opportunities.

8. Monitoring, Evaluation and Impact assessment:

The monitoring and evaluation methodology will be the base-line and end-line comparison methods. Before the start of project a baseline survey will be done and after the end of the project end-line survey will be done. Comparing end-line and baseline survey the impact of project will be assessed.

9. Reporting System:

The progress of the project will be reported on quarterly basis. The project manager will prepare the project report quarterly basis. The deadline of the submission of quarterly report will be the end of first week of the next quarter. For instance, the first quarter report will be submitted at the end of the first week of second quarter latest.

10. Location of Project:

On the basis of feasibility study and need analysis of the community, the project will be implemented in two remote hilly villages Khudepani and Kotthar in Nepal.

11. Expected Time to Implement the Project:

This project is expected to start from January 2019 in Nepal.

12. Budget:

The total cost of the project is NPR 10, 00,000. The “Nepal Tara” will financially support the project. The detail breakdown of the budget is as given below tables:

SN	Activities	Unit	Number	Rate	Total Amount
A	Administrative cost				
1	Project Manager-1	Month	12	15000	180000
2	Motivator/Social Mobilization cost	Month	12	6000	72000
3	Office supplies	Month	12	3000	36000
	Sub Total				288000
B	Project Activities cost				
1	Consultation meeting with villagers	Event	5	2000	10000
2	Baseline survey, strengthening and formation of women groups with documents,tea and snacks, time taking long process	Event	5 (2+3)	4000	20000
3	Delivery of technical trainings by external experts	Event	6	5000	30000
4	Seed Money for Goat Fund	Time	50	10000	500000
5	Agro Business (Organic farming, plants, seed, fertilizer and materials)	LS			100000
6	Exposure visit of potential women entrepreneurs for social innovative exchange	Time	1	15000	15000
7	Training on women and child rights	Event	2	4000	8000
8	Education materials and extra activities tools support	Time	1	12000	12000
9	Project evaluation cost by freelance external expert	Time	1	17000	17000
C	Sub Total (B)				712000
D	GRAND TOTAL (A+B)				10,00000

Additional Project

1. Water system for school children

There is no drinking water facility for the students, teachers, and support staffs in the school. The students and teachers walked down to the spring for drinking water nearby school, it spoil their time, make them unhappy and sometimes, it is dangerous too. At the rainy seasons there will be more difficulty to drink spring water due to contamination of the water. The drinking water facility is another key and urgent need in the school. Therefore, the project aims to support and fitting of a 1000 liters water tank and necessary pipe, electric water pump, electrification and helps to establish drinking water system. The project will also help for some technical and concrete works and fixing up pipes for water.

Water system for school children is important and urgent need in the school.

Budget require: 1200 Swiss Franc



What we provide to the sponsors:

We believe in the long term relationships between the project, sponsor and beneficiaries. Hence, we immensely care about our sponsors and best value of their money. This project aims for a one-time investment of each benefactor to this kick off.

- The project manager provides the project updates and thanks letter to the sponsor by email and what's app.
- Project progress report with photo story will be produced and send to the sponsorship providers.
- Sponsor also receives a short video story that covers how sponsor's money has been contributing the water system for school children
- Annual report and the impact story also prepared and sent to the sponsor

2. Toilet and Sanitation program at school

Although there was a toilet at school but it is terrible and out of order to use. The toilet's door is damaged and not in a condition to use. Besides this, there is no water supply in the toilet. Water is carrying by children for toilet. Sometimes, the teachers and student go the bushes nearby the school in the open space. There is high risk and possibility of the infection and contamination in the school surroundings. There is unrest need for the construction/ improvement of toilet and improve the sanitation in the school and nearby. The toilets for boys and girls separately should be in place, a safety tank should be constructed and the water system should be added to flush in the toilets. The project also provides dustbins and other required items for the school sanitation program.

Toilet and Sanitation program is unrest need at the school.

Budget require: 1500 Swiss Francs



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We believe in the long term relationships between the project, sponsor and beneficiaries. Hence we immensely care about our sponsors and best value of their money. This project aims for a one-time investment of each benefactor to this kick off.

- The project manager provides the project updates and thanks letter to the sponsor by email and what's app.
- Project progress report with photo story will be produced and send to the sponsorship providers.
- Sponsor also receives a short video story that covers how sponsor's money has been contributing the toilet and sanitation program at school
- Annual report and the impact story also prepared and sent to the sponsor

3. Toddler Room for Local Primary School

In the project area, there is only one primary public school and the school is more than a half century old having very poor physical condition to study. The windows and the doors are damaged due to the 7.9 magnitude earthquake of April 2015. The room is dark, cold, dirty and unhygienic for the toddlers to sit in. The local government's apathy to fund for the improvement of the school hindering the teaching learning of the toddlers and there is unrest need to improve the condition of the toddlers' class room as they can study in the school. The toddler room needs to be improved its physical condition in an eco-friendly way. The repair of the windows and door, wall maintenance and coloring with anti-fungous materials, teaching materials for toddler and carpeting on the floor.

Budget require: 1000 Swiss Francs



What we provide to the sponsors:

We believe in the long term relationships between the project, sponsor and beneficiaries. Hence, we immensely care about our sponsors and best value of their money. This project aims for a one-time investment of each benefactor to this kick off.

- The project manager provides the project updates and thanks letter to the sponsor by email and what's app.
- Project progress report with photo story will be produced and send to the sponsorship providers.
- Sponsor also receives a short video story that covers how sponsor's money has been contributing the toddler room for local primary school
- Annual report and the impact story also prepared and sent to the sponsor

Goat Sponsorship

The project provides two adult goats to each of 25 households as above mentioned in the basic proposal and budget plan. The households' selection criteria will be as mentioned in the proposal. We would be very happy if someone interested to sponsor the goats for the selected households as the project beneficiary. We provide 2 goats to each family and the 25 households receive 50 goats under goat distribution program. 25 poorest among the poor households are targeted as the beneficiary to improve their life. We request to sponsor at least one household to the possible benefactor which means he/she needs to incur the cost of 2 goats. This kind of sponsorship will improve the living standard of poor people's life and they will financially support their children's education in the long-run.

Name and necessary details of any individual or family who sponsor the goats will be shared with the project participants and the community. The goat sponsorship will immensely help to improve the livelihood of the targeted poor households and they can find the support to escape from the extreme poverty. In this way, the project ensures the dignified living and supports children's education.

Sponsoring 2 Goat for a Family Cost: 200 Swiss Francs



What we provide to the sponsors:

We believe in the long term relationships between the project, sponsor and beneficiaries. Hence we immensely care about our sponsors and best value of their money. This project aims for a one-time investment of each benefactor to this kick off.

- a. The project manager provides the project updates and thanks letter to the sponsor by email and what's app.
- b. Project progress report with photo story will be produced and send to the sponsorship providers.
- c. Sponsor also receives a short video story that covers how sponsor's money has been contributing goat raising program for poor families
- d. Annual report and the impact story also prepared and sent to the sponsor
- e. Give names to the goats

